

▶ Bob Lew Named Suzie Cappa Art Center's 2022 Artist of the Year



Bob Lew is not content with the status quo.

Whether learning new art techniques, seeking out new restaurants, or walking without assistance, Bob welcomes challenges.

This eagerness to take on new challenges, while adding his own twist in art and life is why Bob has been selected as the 2022 Suzie Cappa Artist of the Year.

"Bob enjoys creating pieces that feature animals, but he has done a little bit of everything," shared Haley Friedt, Studio Manager at the Suzie Cappa Art Center & Gallery. "He has an impressive eye for detail and enjoys learning new techniques. He's also my go-to-guy for advice on where to find the best food in town!" "Bob really has a style that comes out when he works independently," agreed Mark Zimmerman, the Suzie Cappa Artist in Residence, thanks to the support of the South Dakota Art Council. "He has a fun, humorous style that always surprises me."

Bob's path to Black Hills Works began many years ago after a trampoline accident left him paralyzed. After

years of physical therapy, he is able to stand and walk with the assistance of a walker. Bob says a goal this year is "to get rid of this thing," referencing his walker. That determination is also what makes him a great artist.

"Bob really puts a lot of detail and thought into his work," said Tammie Quinn, Suzie Cappa Art Center's supervisor.

"I didn't know I was going to get [this award]," said Bob, surprised and proud. "I like working with Mark and Mary, and everyone here."

Congratulations, Bob!

Because of YOU!

Thank YOU for visiting the Suzie Cappa Art Center & Gallery! When you purchase art or donate, artists like Bob have the supplies they need and can earn an income doing what they love. Visit again soon!



722 St Joseph St Rapid City, SD suziecappaart.com

TripMaster Grant Makes Connecting to Life Easier

Most families appreciate the challenge that comes with coordinating transportation on any given day.

Imagine what that is like at Black Hills Works! We support more than 600 people with disabilities, helping them live, work, and play in our community. Figuring out transportation is complicated.

Transportation planning just got easier, however, thanks to a generous grant from the South Dakota Community Foundation (SDCF). With their help, we were able to launch TripMaster, a program that provides the people we support and their staff a way to request rides, similar to how Uber or Lyft works.

John Meyer, Black Hills Works Transportation Coordinator, is coordinating the implementation of TripMaster, currently in a pilot phase.

"We are working to ensure everyone is trained and comfortable with this new opportunity to schedule rides," said John. "We are confident that TripMaster, when fully implemented, will provide greater independence for the people we support and more time for staff to focus on the important work they do in homes. I'm grateful to SDCF for helping make this possible."

In the first month alone, fifty-five people supported in three homes have requested 292 rides. A fourth home will be added soon.

Of the many services that Black Hills Works provides, transportation is the service that connects the people we support to many of their activities: medical appointments, work, shopping, recreation, and day services.

Because of SDCF's generosity, hundreds of people with disabilities will have much more control and ability to contribute to the Rapid City community as friends, employees, neighbors, consumers, and volunteers – a priceless gift to those we support.





The Wheels on the Bus

The people we support are living their best lives, with transportation

playing a central role. Where possible, public transportation fills gaps in a big way.

In 2021, more than 32,000 rides were taken on the city bus, thanks to YOU!

Government benefits don't support transportation to work or appointments. Often our riders don't have the resources to manage all the additional costs of living. A monthly pass for Dial-A-Ride, a service for people with disabilities, costs \$90. That's a lot when many of the people we support only have about \$120 each month to live on after paying for rent and groceries. Your generosity is what makes it possible for the people with disabilities we support live their best lives. Thank you!

Upcoming Calendar of Events

Special Olympics Black Hills Area Basketball Tournament – February 25

> Lions Club Pancake Breakfast – February 27, 7:30 am – 2 pm

The Chair Is Not Me Opening Reception – March 11

Special Olympics State Basketball Tournament – March 11-13

Black Hills Works Foundation Putt 'N' Pub – March 12, 10 am - 4 pm

Special Olympics Night at the Rush – March 20 Legacy Lunch – April 20, 12 pm

Thanks to our January, February and March Sponsors!











Thank YOU

You can make an impact too with your gift today!

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As we reflect back on 2021, we are filled with gratitude for all YOU made possible. The following individuals made financial and in-kind gifts to Black Hills Works from November 2021 to January 2022. Because of YOU, your friends, neighbors, coworkers and volunteers with disabilities continue to live life fully. Thank YOU!

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"Because of you, I can create wonderful art!"

~ Jill Holien, supported by Black Hills Works and an artist at the Suzie Cappa Art Center

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Volunteer Enjoys Blossoming **Friendship**

In 2019, Teresa Krier was exploring some "out of the box" employment ideas with Dianne Hartson, her Direct Support Professional. Teresa was not comfortable with traditional work settings. She expressed an interest in starting her own business and gardening was one activity that brought her joy.

Like any good entrepreneur, Teresa started the process by talking with other gardeners. That's how Shelby Anderson came into her life. During their very first meeting, Shelby, a master gardener, offered to mentor Teresa. Shelby was working part-time and was very happy to have found a way to give back.

"Teresa was so excited! I was happy to step in and help," said Shelby.

Teresa secured a small grant from Open Futures Learning's Small Sparks Fund to help buy gardening supplies, and she and Shelby got to work on a small patio garden at Teresa's home. Then, last year, Teresa secured a plot in the community garden. She and Shelby planted tomatoes, cucumbers, and watermelon, producing enough to make small profit.

"Teresa had a bumper crop! I was actually a little jealous," Shelby shared, smiling.

Just as Teresa's garden was growing, so was her friendship with Shelby. They now share stories about their lives and families, and have lunch together. Others



Shelby's mentoring.

"Shelby's insight, friendship, and guidance brought Teresa out of her shell," said Dianne. "Teresa has gained confidence and security about herself by spending time with Shelby."

"I am thankful for Shelby's friendship and willingness to mentor me," Teresa said. "I can't wait to start planning my garden with her!"

Shelby's life has improved too, with Teresa in it.

"Life is so difficult," said Shelby. "Spending time with Teresa reminds me to enjoy the moment, to live in the moment. How can you not want to be a part of that?"

Thank you, Shelby, for making an incredible impact in Teresa's life!



Do you want to change a life?

Your gift of time as a volunteer is another way YOU can create opportunities for someone with a disability.

Volunteers play a critical role in helping the people they are supporting achieve their goals, whether that is volunteering, learning new skills, overcoming fears, enjoying a hobby, getting more exercise, or just hanging out with a new friend.

Interested in learning more? Contact Carrie Moser at 605-718-6207 or cmoser@bhws.com.





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March 12, 2022

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